

Who are we?

The Bowlby Centre provides a 4 year part time psychotherapy taught course which is accredited by the United Kingdom Council for Psychotherapy. Our influences include classical psychoanalytic thinkers from Freud to Winnicott and challenges to traditional approaches from authors such as Jessica Benjamin, John Bowlby, Ronald Fairbairn and Stephen Mitchell.

We also offer a referral service, short courses on cutting edge clinical issues, and the annual John Bowlby Memorial Conference.

The Bowlby Centre is a Company Limited By Guarantee No. 3272512. Registered Charity No. 1064780/0

short courses

Course Details:

Date:

Saturday, 5 and Sunday, 6 March 2022
Saturday, 19 and Sunday, 20 March
2022

Time:

10 am to 4pm

Cost:

£600

Venue:

The Bowlby Centre
1 Highbury Crescent,
London N5 1RN

Seminar leaders:

Orit Badouk Epstein

The Bowlby Centre used
to be known as The Centre
for Attachment-based
Psychoanalytic Psychotherapy
- CAPP

The Bowlby Centre is governed
by a Board of Trustees and
managed by an elected
Executive.

Registered Charity No.
1064780/0 A company Ltd. by
Guarantee No.3272512

The Bowlby Centre
1 Highbury Crescent
London
N5 1RN

Tel: 020 7700 5070
admin@thebowlbycentre.org.uk

Promoting Attachment and Inclusion

Attachment Theory in Clinical Practice

About the course

Seminars will include the following themes

- Introductions – our relationship to attachment theory.
- Attachment theory in context
- Separation, loss and mourning
- Patterns of attachment and their internal representation
- Secure • Dismissing • Preoccupied • Unresolved/disorganised • Not classifiable
- Evaluating adult attachment states of mind
- Internal working models
- Reflective functioning
- Intersubjectivity

Clinical work will consider the role of mourning, narrative, mutuality and recognition, affective attunement and cycles of rupture and repair in the therapeutic process.

The objectives of this course are to introduce Attachment theory and deepen your understanding of it. It's designed to be of practical value with implications for therapy and human relatedness. The course is aimed for Counsellors, Psychotherapists, Psychologists, Psychiatrists and Social Workers.

"I was surprised how this course touched on all areas of my life... for me it has been the missing piece of the jigsaw I have been looking for and brings together many things..."

Orit Badouk Epstein is a UKCP registered Attachment based Psychoanalytic psychotherapist, a trainee supervisor and a trainee therapist. She trained at the Bowlby Centre, London where she is the Editor of the journal "Attachment-New Directions in Psychotherapy and Relational Psychoanalysis". She specialises in attachment theory and trauma and regularly lectures, teaches, writes and present papers and book chapters on these topics and consults worldwide on attachment theory. She runs a private practice and works relationally with individuals, couples and parents. Orit has a particular interest in working with individuals who have experienced extreme abuse and trauma and have displayed symptoms of dissociation. She is the co-author of the books "Ritual Abuse and Mind Control: The Manipulation of Attachment Needs" (Badouk Epstein, Wingfield & Schwartz, 2011 Karnac), "Terror within & without" (Yellin, Badouk Epstein, 2013, Karnac), Shame Matters, Routledge (in Press) and was the co-editor of the ESTD (European Society for Trauma and Dissociation) newsletter for 10 years as well as being a regular contributor of articles and film reviews. In her spare time Orit enjoys the cinema, reading philosophy and writing poetry.

VALUING DIVERSITY

The Bowlby Centre welcomes applications from all sectors of the community and respects and values difference in age, class, culture, disability, ethnicity, gender and sexuality.



THE BOWLBY CENTRE

BOOKING FORM

Attachment Theory in Clinical Practice

**Saturday 5th and Sunday 6th March 2022
and
Saturday 19th and Sunday 20th March 2022**

Name:

Address:

Telephone:

Email:

Please tell us about your professional qualifications, counselling or psychotherapy background and clinical experience and your interest in the course.

Cost

£600

Please visit www.thebowlbycentre.org.uk/cpd/ to book and pay online. If you have any questions or queries please contact carol.tobin@thebowlbycentre.org.uk

A Certificate of Attendance will be provided for CPD purposes