

## CLINICAL FORUM

### VIA VIDEO LINK

**Saturday, 13 March 2021**

**11am to 1pm**

## **ATTACHMENT THEORY AND ARCHIVAL RESEARCH – REFLECTIONS ON AN ONGOING RESEARCH JOURNEY**

**SPEAKER: KATE BROWN**

### **Synopsis:**

This workshop is a discussion of an ongoing doctoral research project entitled 'A History of the Cotswold Community, psychoanalytic perspectives on love and hate.' The Cotswold Community (1967-2011) was a therapeutic community for adolescent boys aged 9-16 who had experienced trauma and disrupted attachments. The discussion will cover a brief description of therapeutic communities, including how therapeutic communities for adults and children differ. The Cotswold Community and its past as an approved school for boys will be explored. Themes of deprivation and delinquency, Winnicottian understanding of the therapeutic aspects of love and hate and the importance of gender at the Cotswold Community will be discussed. The research methods used in this research is archival research and is informed by attachment theory.

### **About the speaker:**

Kate Brown is a Bowlby Centre trained UKCP registered Attachment based psychoanalytic psychotherapist who started her career in therapeutic communities working with adults with a variety of mental health difficulties, and with adolescents individually and in groups. She has worked with young mothers and in mainstream community psychiatric services with patients' families. She has also provided time limited therapy with former servicemen who had experienced complex trauma. She has taught at the Bowlby Centre and has also delivered freelance training. Kate completed an MSc in psychotherapeutic approaches in mental health in 2012. Kate is a former member of the Attachment journal group, former chair of the clinical forum at the Bowlby Centre and PhD candidate at Middlesex University. Kate is also on the executive committee of the International Attachment Network (UK). Kate is in private practice in Bournemouth.

<b>Time:</b>	11.00am - 1.00pm
<b>Cost:</b>	£30 (Bowlby Centre members and students - free)
<b>CPD:</b>	2 hours - (CPD certificate provided)