

Who are we?

The Bowlby Centre provides a 4 year part time psychotherapy taught course which is accredited by the United Kingdom Council for Psychotherapy. Our influences include classical psychoanalytic thinkers from Freud to Winnicott and challenges to traditional approaches from authors such as Jessica Benjamin, John Bowlby, Ronald Fairbairn and Stephen Mitchell.

We also offer a referral service, short courses on cutting edge clinical issues, and the annual John Bowlby Memorial Conference.

The Bowlby Centre is a Company Limited By Guarantee No. 3272512. Registered Charity No. 1064780/0

## short courses

### Course Details:

**Date:**

Saturday 26<sup>th</sup> June and Sunday  
27<sup>th</sup> June 2021 and  
Saturday 10<sup>th</sup> July and Sunday  
11<sup>th</sup> July 2021

**Time:**

10 am to 4pm

**Cost:**

£580 Organisations  
£540 Individuals

**Venue:**

ONLINE

**Seminar leaders:**

Victoria Settle

The Bowlby Centre used to be known as The Centre for Attachment-based Psychoanalytic Psychotherapy - CAPP

The Bowlby Centre is governed by a Board of Trustees and managed by an elected Executive.

Registered Charity No. 1064780/0 A company Ltd. by Guarantee No.3272512

The Bowlby Centre  
1 Highbury Crescent  
London  
N5 1RN

Tel: 020 7700 5070  
admin@thebowlbycentre.org.uk

### Promoting Attachment and Inclusion

## Attachment Theory in Clinical Practice

### Seminars will include the following themes

- Introductions – our relationship to attachment theory.
- Attachment theory in context
- Separation, loss and mourning
- Patterns of attachment and their internal representation
- Secure • Dismissing • Preoccupied • Unresolved/disorganised • Not classifiable
- Evaluating adult attachment states of mind
- Internal working models
- Reflective functioning
- Intersubjectivity

Clinical work will consider the role of mourning, narrative, mutuality and recognition, affective attunement and cycles of rupture and repair in the therapeutic process.

The objectives of this course are to introduce Attachment theory and deepen your understanding of it. It's designed to be of practical value with implications for therapy and human relatedness. The course is aimed for Counsellors, Psychotherapists, Psychologists, Psychiatrists and Social Workers.

"I was surprised how this course touched on all areas of my life... for me it has been the missing piece of the jigsaw I have been looking for and brings together many things..."

**Victoria Settle** is a UKCP registered attachment based Psychoanalytic psychotherapist, a training supervisor and a training therapist. She is currently the CEO of the Bowlby Centre. She has many years of experience teaching in the areas of Infant Observation, Gender and Sexuality and Clinical seminars on Attachment theory. She specialises in attachment theory and trauma and regularly writes and presents papers on these topics. She runs a private practice and works relationally with individuals and couples.

She is the co-author of the chapter on Attachment-based Psychoanalytic Psychotherapy in 4th Edition *The Sage Handbook of Counselling and Psychotherapy* edited by Feltham C, Hanley T and Winter LA (Sage Publishing Co.)

### VALUING DIVERSITY

The Bowlby Centre welcomes applications from all sectors of the community and respects and values difference in age, class, culture, disability, ethnicity, gender and sexuality.



# THE BOWLBY CENTRE

## BOOKING FORM

# Attachment Theory in Clinical Practice

Saturday 26<sup>th</sup> and Sunday 27<sup>th</sup> June 2021

and

Saturday 10<sup>th</sup> and Sunday 11<sup>st</sup> July 2021

Name:

Address:

Telephone:

Email:

Please tell us about your professional qualifications, counselling or psychotherapy background and clinical experience and your interest in the course.

Price: £

Cost:

£580 Organisations

£540 Individuals

Please visit [www.thebowlbycentre.org.uk/cpd/](http://www.thebowlbycentre.org.uk/cpd/) to book and pay online or send a cheque made payable to The Bowlby Centre and post to Carol Tobin, The Bowlby Centre, 1 Highbury Crescent, London N5 1RN. If you have any questions or queries please contact [carol.tobin@thebowlbycentre.org.uk](mailto:carol.tobin@thebowlbycentre.org.uk)

A Certificate of Attendance will be provided for CPD purposes