

## CLINICAL FORUM

### VIA VIDEO LINK

**Saturday, 12 December 2020**

**11am to 1pm**

**Nuts and Bolts**

**Speaker: Tori Settle**

#### **Synopsis:**

Tori would like to explore in more detail what her approach looks like in the room - using short clinical vignettes and discussion rather than the usual long clinical presentation. She has put together tips for working with avoidance, preoccupation and disorganisation based on her experience over the last 20 years. Her understanding of working with attachment patterns is not about putting people into discreet categories, but of seeing how care seeking and caregiving dynamics can shift from moment to moment in the room. She sees this moment to moment movement between security and insecurity as a fluid process – both between the psychotherapist and the clients, and within each of them – as they navigate their levels of confidence and fearfulness in the work and in each other.

#### **About the speaker:**

Tori Settle is an Attachment-Based Psychoanalytic Psychotherapist and Supervisor, trained at the Bowlby Centre. Tori is currently the CEO of the Bowlby Centre, having worked in the organisation in many roles over the last 23 years.

- Time:** 11.00am - 1.00pm
- Cost:** £30 (Bowlby Centre members and students - free)
- Chair of Clinical Forum:** Helen Everitt, member of the Bowlby Centre
- CPD:** 2 hours - (CPD certificate provided)