

## CLINICAL FORUM

**Saturday, 10 November 2018**

**11am to 1pm**

### **“I DON’T KNOW WHAT IT IS NOT LIVING IN FEAR”: FROM SCAREGIVING TO CAREGIVING ATTACHMENT PERSPECTIVE ON WORKING WITH CLIENTS WITH COMPLEX TRAUMA AND SEX ADDICTION**

**Speaker: ORIT BADOUK EPSTEIN**

#### **Synopsis:**

Sexual assault on a young child and other forms of abuse and their psychological aftermath cascades through decades. Apart from shattering one’s mind and sense of selfhood, later this manifests in what we professionals would consider as the client’s reckless behaviour and self harm. When working with complex trauma, we soon learn that paradoxically these harmful ways always carry meaning and make sense within the context of the child spending the majority of time during childhood living in terror. In this forum I will share the story of M, a client who suffered organised abuse and who was diagnosed with DID (Dissociative identity Disorder). M had many parts, some suicidal, some had eating disorders, some disabled and other very able. However I will focus my attention on M’s sexual addiction and the relational journey which we embarked upon showing that a non-pathologising, non-objectifying approach to the client’s many attachment cries eventually pave the way to intersubjectivity and the need to connect in a more adaptive healthy manner.

#### **About the speaker: Orit Badouk Epstein**

Orit Badouk Epstein is a UKCP registered attachment based Psychoanalytic psychotherapist, a training supervisor and a training therapist. She trained at the Bowlby Centre, London where she is the Editor of the journal Attachment-New Directions in Psychotherapy and Relational Psychoanalysis. She teaches Attachment theory and is the chair of the planning group of the Bowlby Memorial conference. She specialises in attachment theory and trauma and regularly writes and present papers and book chapters on these topics. She runs a private practice and works relationally with individuals, couples and parents. Orit has a particular interest in working with individuals who have experienced extreme abuse and trauma and have displayed symptoms of dissociation. She is the co-author of the book “Ritual Abuse and Mind Control: The Manipulation of Attachment Needs” (Karnac Books), co-editor of the book “Terror within & without” and is the co-editor of the ESTD (European Society for Trauma and Dissociation) newsletter where she regularly writes articles and film reviews.

<b>Time:</b>	11.00am - 1.00pm (Registration 10.45)
<b>Cost:</b>	£30 (Bowlby Centre members and students - free)
<b>Venue:</b>	The Bowlby Centre 1 Highbury Crescent, London N5 1RN
<b>Chair of Clinical Forum:</b>	Helene Everitt, member of the Bowlby Centre
<b>CPD:</b>	2 hours - (CPD certificate provided)