

The Bowlby Centre 1 Highbury Crescent London N5 1RN

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Clinical Forum

Saturday, 10 February 2018

11am to 1pm

Fear of abandonment and angry protest: working with preoccupied clients

Speaker: Linda Cundy

Synopsis:

This talk will highlight some of the challenges and difficulties of working with preoccupied clients and will propose specific aims and areas of therapeutic focus in the work.

About the speaker:

Linda Cundy trained at the Bowlby Centre in the 1990s and has a private therapy and supervision practice in North London. She has taught for more than twenty years and developed the Postgraduate Diploma in Attachment-Based Therapy at the Wimbledon Guild where she is Lead Tutor. Linda's publications include a single authored book, *Love in the Age of the Internet: Attachment in the Digital Era* (Karnac, 2015) and an edited monograph, *Anxiously Attached: Understanding and Working with Preoccupied Attachment* (Karnac, 2017). A companion monograph, *Attachment and the Defence Against Intimacy: Understanding and Working with Avoidant Attachment, Self-Hatred, and Shame* is due to be published in 2018.

Time: 11.00am - 1.00pm (Registration 10.45)

Cost: £30 (Bowlby Centre members and students - free)

Venue: The Bowlby Centre 1 Highbury Crescent, London N5 1RN

Chair of Clinical Forum: Helene Everitt, member of the Bowlby Centre

CPD: 2 hours - (CPD certificate provided)