



Saturday and Sunday, 19th - 20th September 2015

John Bowlby 25th Anniversary Event

An International Conference in Celebration of John Bowlby's Work

**Attachment Theory –
How John Bowlby Revolutionised Our
Understanding of Human Relationships**

**Where is the Revolution Now?
What are the Future Directions?**



CONFERENCE AIM

This conference will bring together a group of leading international clinicians and researchers in dialogue to debate new developments in attachment theory and clinical practice.

Exploring questions such as:

How do such advances bring fresh ways of thinking about how we promote wellbeing in society and help and support individuals and families?

JOHN BOWLBY AND ATTACHMENT THEORY

John Bowlby revolutionised our understanding of human nature and the needs of children in particular for consistent, sensitive and attuned caregiving from a preferred attachment figure. Attachment is linked to the human response to fear and is most clearly evident when there are threats of separation and abandonment. At these times we need a safe haven provided by an attachment figure from whom we seek safety, comfort and affect regulation.

“Intimate attachments to other human beings are the hub around which a person’s life revolves, not only when he is an infant or a toddler or a school-child but throughout his adolescence and his years of maturity as well, and on into old age.” Bowlby (1980, p. 422)

THE BOWLBY CENTRE ~ *Promoting Attachment and Inclusion*

Since 1976 The Bowlby Centre (formerly known as CAPP) has developed as an organisation committed to the practice of attachment-based psychoanalytic psychotherapy. The Bowlby Centre is a dynamic, rapidly developing charity which aims both to train attachment-based psychoanalytic psychotherapists and to deliver a psychotherapy service to those who are most marginalised and frequently excluded from long term psychotherapy. We provide a five year part-time psychotherapy training accredited by the UKCP and operate a psychotherapy referral service for the public including the low cost Blues Project.

The Bowlby Centre has a wealth of experience in the fields of attachment and loss and particular expertise in working with trauma and abuse. As

part of our ongoing commitment to anti-discriminatory practice we offer a consultation service to the public and private sectors and are engaged in outreach and special projects working with care leavers, women experiencing violence and abuse, offenders and ex offenders, people struggling with addiction to drugs, alcohol, eating difficulties or self harm, and to individuals and groups in a wide variety of mental health settings.

We run short courses on “Attachment and Dissociation”, and “The Application of Attachment Theory to Clinical Issues” including learning disabilities. The Bowlby Centre organises conferences including the annual John Bowlby Memorial Lecture, and has a series of publications which aim to further thinking and development in the field of attachment.

Bowlby Centre members participate extensively in all aspects of the field, making outstanding theoretical, research, and clinical contributions. Their cutting edge work is consistently published in the leading journals and monographs.

The Bowlby Centre is committed to the following clinical values:

- We believe that mental distress has its origin in failed or inadequate attachment relationships in early life and is best treated in the context of a long-term human relationship.
- Attachment relationships are shaped in a social world that includes poverty, discrimination and social inequality. The effects of the social world are a necessary part of the therapy.
- Psychotherapy should be available to all, and from the attachment perspective, especially those discriminated against or described as ‘unsuitable’ for therapy.
- Psychotherapy needs to be provided with respect, warmth, openness, a readiness to interact and relate, and free from discrimination of any kind.
- Those who have been silenced about their experiences and survival strategies need to have their reality acknowledged and not pathologised.
- The Bowlby Centre values inclusiveness, access, diversity, authenticity and excellence. All participants in our organisation share the responsibility for anti-discriminatory practice in relation to race, ethnicity, gender, sexuality, age, (dis)ability, religion, class, educational and learning style.

PROGRAMME

Saturday 19th September 2015 at The Institute for Child Health
Chair of the conference Sir Richard Bowlby

- 9.15 Welcome from **Mark Linington**, Chair of the Executive,
The Bowlby Centre
- 9.20 **Historical Introduction – Brett Kahr**
- 9.40 **Parent & Infant Work**
Arietta Slade in conversation with **Amanda Jones**
Chair: **Sue Gerhardt**
- 10.45 Refreshments
- 11.15 **Clinical Work: Attachment & Trauma**
Sandy Bloom in conversation with **Mark Linington**
Chair: **Valerie Sinason**
- 12.20 **Attachment & Neuroscience**
Allan Schore* in conversation with **Felicity de Zulueta**
Chair: **Elizabeth Howell**
- 1.15 Lunch
- 2.00 **Attachment & The Body**
Susie Orbach in conversation with **Kate White**
Chair: **Mark Linington**
- 3.00 **Children & Families**
Karl Heinz Brisch in conversation with **Miriam Steele**
Chair: **Christopher Clulow**
- 4.00 Refreshments
- 4.30 **Research Developments & Future Directions**
Howard Steele in conversation with **Oliver James**
Chair: **Jeremy Holmes**
- 5.30 Concluding remarks – **Sir Richard Bowlby & Robert Marvin**

Sunday 20th September at The Anna Freud Centre

9. 30 Welcome and introduction to the morning from **Kate White**
- Exhibition **Attachment: Our Enduring Need for Others**
Carol Siegel, Director of the Freud Museum and
Kate White, Curator of the exhibition, The Bowlby Centre
- Film: **The Last Interview with John Bowlby** by
Virginia Hunter
Simon Partridge, Co-ordinator of the film's recovery and
 restoration
10. 30 Commentaries and discussion of film part 1:
 Lennox Thomas, Judy Yellin and Jean Knox
11. 15 **Group 1** visits exhibition at the Freud Museum
- Group 2 and 3** tea/coffee at the Anna Freud Centre
11. 45 **Group 2** visits exhibition at the Freud Museum
- Group 3** goes to Freud Museum ready to visit the exhibition
 room
- Group 1** tea/coffee at the Anna Freud Centre
12. 15 **Group 3** visits exhibition at the Freud Museum
- Groups 1 and 2** browse the bookstall and museum shop
12. 50 Plenary discussion of film part 2, reflections on the exhibition
 and the anniversary event as a whole
 Lennox Thomas, Judy Yellin, Jean Knox
 and Robert Marvin
1. 30 Lunch and music at the Anna Freud Centre
2. 30 Return to visit Freud Museum exhibition if people wish

** Unfortunately, due to health issues, Professor Schore is unable to attend the conference in person, but we have arranged for Felicity de Zulueta and Elizabeth Howell to be in conversation and have included a pre recorded interview with him to screen at the conference.*

CONFERENCE SPEAKERS BIOGRAPHIES

SIR RICHARD BOWLBY



Richard, Founding Patron of The Bowlby Centre, worked as a scientific photographer in various medical research institutions where he produced visual aids for communicating research findings. He now gives lectures to health care professionals using video material and personal insights to promote a much broader understanding of his father's work on attachment theory. He supports a range of organisations that address challenging attachment issues, and is seeking ways to help the general public benefit from a better understanding of attachment relationships.

MARK LININGTON

Mark Linington is an attachment-based psychoanalytic psychotherapist with The Bowlby Centre in London, where he is Chair of the Executive Committee, a training therapist, clinical supervisor and research lead. He worked for 12 years in the NHS as a psychotherapist with people with learning disabilities who experienced complex trauma and abuse. Currently, he works as psychotherapist for the Clinic for Dissociative Studies and at a secondary school in London for young people with special needs. He also works in private practice.



BRETT KAHR



Professor Brett Kahr is Senior Clinical Research Fellow in Psychotherapy and Mental Health at the Centre for Child Mental Health in London, and Honorary Visiting Professor in the Department of Media, Culture and Language at the University of Roehampton. He has worked as a Consultant in Psychology to The Bowlby Centre since 1991, and has since become a member training therapist training supervisor. He is also trained as an historian and serves as both a Trustee of the Freud Museum and as Series Co-Editor of the Karnac Books "History of Psychoanalysis Series". He has published eight books of his own, including the award-winning biography of Donald Winnicott, as well as Sex

and the *Psyche* and also *Life Lessons from Freud. Tea with Winnicott*, as well as Winnicott's *Anni Horribiles: The Creation of 'Hate in the Counter-Transference'*. Brett Kahr is currently editing Ursula Bowlby's "forgotten" book *Happy Infancy* for publication. He works with individuals and couples in private practice in Hampstead, North London.

ARIETTA SLADE

Arietta Slade, Ph.D. is Clinical Professor at the Yale Child Study Center, and Professor Emerita, Clinical Psychology, The City University of New York. An internationally recognized theoretician, clinician, researcher, and teacher, she has published widely on reflective parenting, the clinical implications of attachment theory, and the development of parental mentalization. For the past 13 years she has been co-directing Minding the Baby, an interdisciplinary reflective parenting home visiting program for high-risk mothers, infants, and their families, at the Yale Child Study Center and School of Nursing, one of only 17 certified "evidence-based" home visiting programs in the United States. Dr. Slade is editor, with Jeremy Holmes of the six volume set, *Major Work on Attachment* (SAGE Publications, 2013), with Elliot Jurist and Sharone Bergner, of *Mind to Mind: Infant Research, Neuroscience, and Psychoanalysis* (Other Press, 2008), and with Dennie Wolf, of *Children at Play* (Oxford University Press, 1994).



AMANDA JONES



Amanda Jones is a Consultant Perinatal Psychotherapist and Professional Lead of North East London NHS Foundation Trust's Perinatal Parent Infant Mental Health Service. She trained as a family therapist. Her doctoral research at the Tavistock Centre/UCL studied how mothers' use of maladaptive defensive processes can derail their baby's development. In collaboration with the Anna Freud Centre, Amanda was the therapist in the Channel Four documentaries '*Help me love my baby*', winner of the 2007 Royal Society of Television's best factual programmes award. In 2012 Amanda joined with the NSPCC and Warwick Medical School to develop 5 further documentaries called '*Breakdown or Breakthrough: Pregnancy, Birth and the First 18 Months of Life*', available for free online, for all practitioners working with parents and babies in distress. Amanda speaks at national and international conferences and contributes in several governmental policy groups to try and enhance understanding of perinatal breakdowns and the need for early intervention services.

SUE GERHARDT

Sue Gerhardt is a psychoanalytic psychotherapist. In 1998, she co-founded the Oxford Parent Infant Project (OXPIP), to provide psychotherapeutic services for parents and babies. For 12 years, she worked for OXPIP as a parent/infant psychotherapist but currently works solely in private practice. OXPIP has become a well established charity which helps around 450 families a year in Oxfordshire. The PIP model is now spreading to other cities such as Liverpool and Northampton.

Sue is the author of the classic *Why Love Matters: How Affection Shapes A Baby's Brain*, now in its 2nd edition (2014), as well as *The Selfish Society* (2010). She

campaigns for greater awareness of early development and increased investment in the early years.



SANDRA BLOOM

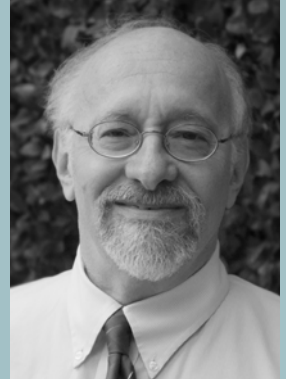


Sandra Bloom, M.D. is a Board-Certified psychiatrist, Associate Professor of Health Management and Policy and Co-Director of the Center for Nonviolence and Social Justice at the School of Public Health of Drexel University in Philadelphia. Dr. Bloom is the co-founder of the Sanctuary Institute, Distinguished Fellow at the Andrus Children's Center and has written extensively about the Sanctuary Model as a trauma-informed organizational development method. Dr. Bloom is a Past-President of the International Society for Traumatic Stress Studies and author of *Creating Sanctuary: Toward the Evolution of Sane Societies* that was released in a revised edition in 2013 and co-author of *Bearing Witness: Violence and*

Collective Responsibility. A book about organizational stress co-authored with Brian Farragher and titled *Destroying Sanctuary: The Crisis in Human Service Delivery* was published in 2010 by Oxford University Press and another volume of this trilogy about trauma-informed services, also co-authored with Brian Farragher and titled *Restoring Sanctuary: A New Operating System for Trauma-Informed Systems of Care* was published in early 2013 by Oxford University Press.

ALLAN SCHORE

Dr. Allan Schore is on the clinical faculty of the Department of Psychiatry and Biobehavioral Sciences, UCLA David Geffen School of Medicine. He is author of four seminal volumes, most recently *The Science of the Art of Psychotherapy*, as well as numerous articles and chapters in multiple clinical and scientific disciplines. He is past editor of the Norton series on Interpersonal Neurobiology and a reviewer or on the editorial staff of 45 journals. He has received a number of honours for his work, including an Award for Outstanding Contributions to Practice in Trauma Psychology from the Division of Trauma Psychology and the Scientific Award from the Division of Psychoanalysis of the American Psychological Association, Honorary Membership by the American Psychoanalytic Association, and the Reiss-Davis Child Study Center Award for outstanding contributions to Child and Adolescent Mental Health. Dr. Schore has had a private psychotherapy practice for four decades. He will be making a video based contribution to this event as he is unable to travel.



VALERIE SINASON



Valerie Sinason is a poet, writer, child psychotherapist and adult psychoanalyst. She is Founder Director of the Clinic for Dissociative Studies and President of the Institute for Psychotherapy and Disability. A former consultant psychotherapist at the Tavistock and Portman Clinics, The Anna Freud Centre and St George's Hospital Medical School Psychiatry of Disability Dept, she has specialised in disability, abuse and trauma for over 30 years. She lectures nationally and internationally in these subjects. She is an Honorary Consultant Psychotherapist at the University of Cape Town Child Guidance Clinic and Chair of Trustees of the First People Centre, New Bethesda, South Africa. She was made a life member of POMS by the Swedish Psychological Society and is a Patron of Dorset Action on Abuse (DAA) in the UK. Her last two edited books were *Trauma, Dissociation and Multiplicity* (Routledge 2012) and *Psychoanalytic Psychotherapy after Child Abuse* Eds McQueen, Itzin, Kennedy, Sinason and Maxted (2008). She has published over 100 papers and chapters and 14 books, including two poetry collections.

FELICITY DE ZULUETA

Dr Felicity de Zulueta is Emeritus Consultant Psychiatrist in Psychotherapy at the South London and Maudsley NHS Trust and Honorary Senior Lecturer in Traumatic Studies at Kings College London as well as being a Group Analyst. She developed and headed both the Department of Psychotherapy at Charing Cross Hospital in 1984 and the Traumatic Stress Service at the Maudsley Hospital in 1996 which specialises in the care of people suffering from Complex Post Traumatic Stress Disorder including dissociative disorders. She has published papers on the subject of Bilingualism and PTSD, BPD and dissociation from an attachment perspective and is an author of a book called *From Pain to Violence, the Traumatic Roots of Destructiveness* (2nd edition, Wiley, 2006). In addition Dr de Zulueta is a founder member of WAVE, the International Attachment Network and the Mindful Policy Group. Since 2012, she works as a free-lance consultant psychotherapist with a training in psychoanalytic psychotherapy, systemic family therapy, group analysis, EMDR and Lifespan Integration.



ELIZABETH HOWELL



A psychoanalyst and traumatologist who specializes in the psychotherapy for people with dissociative states, Elizabeth Howell, Ph.D., is on the Editorial Board of the *Journal of Trauma and Dissociation*, is an adjunct Clinical Associate Professor for the NYU Postdoctoral Program in Psychotherapy and Psychoanalysis; faculty and supervisor, Trauma Treatment Center, Manhattan Institute for Psychoanalysis, faculty for the psychoanalytic program of National Institute of Psychotherapies, and faculty for Psychotherapy Training Program: Diagnosis and Treatment of Dissociative Disorders, of the International Society for the Study of Dissociation (ISSTD). She is an Honorary

Member of the William Alanson White Psychoanalytic Society. Elizabeth has written extensively and lectured nationally and internationally on various aspects of trauma and dissociation, as well as on gender and trauma/dissociation. Her books include *Understanding and Treating Dissociative Identity Disorder: A Relational Approach* (Taylor & Francis, 2011), *The Dissociative Mind* (Analytic Press, 2005), and *Women and Mental Health* (co-editor, Basic Books, 1981). A new book, co-edited with Sheldon Itzkowitz, Ph.D, titled *The Dissociative Mind in Psychoanalysis*, is expected to be published in 2015. She is the recipient, from ISSTD, of the Cornelia Wilber Award for outstanding clinical contributions in the field of dissociative disorders.

SUSIE ORBACH

Susie Orbach is a psychoanalyst, writer, activist and social commentator. Her interests include, the construction of femininity and gender, globalization & bodies, emotional literacy and psychoanalysis & the public sphere.

She co-founded The Women's Therapy Centre in London in 1976 and The Women's Therapy Centre Institute, New York in 1981. Her numerous books – which present new theory on women, on the body, on the relationship between couples - include *Fat is a Feminist Issue*, *Hunger Strike*, *What Do Women Want* (with Luise Eichenbaum), *The Impossibility of Sex* and her latest book *Bodies*. In 2013 Susie co-edited *Fifty Shades of Feminism*.

Susie has been a consultant to the World Bank, the NHS and Unilever. She is a founder member of Psychotherapists and Counsellors for Social Responsibility, convenor of Endangered Bodies (www.london.endangeredbodies.org) the organisation campaigning against body hatred. She is an expert member of the steering group of the British government's Campaign for Body Confidence. She is the co-author of commissioned papers on the body. She has a practice seeing individuals and couples.



KATE WHITE



Kate White is a training therapist, supervisor and teacher at The Bowlby Centre. She is also Editor of the journal, *Attachment: New Directions in Psychotherapy and Relational Psychoanalysis* and Series Editor of The John Bowlby Memorial Conference Monographs.

Prior to training as a psychotherapist Kate was a senior lecturer at The South Bank University, London, in the Department of Nursing and Community Health Studies. In addition to working as an individual psychotherapist, Kate writes about psychotherapy education and runs workshops on the themes of attachment and trauma in clinical practice and experiences of memory loss. Informed by her experience of growing up in South

Africa, she has long been interested in the impact of race and culture on theory and on clinical practice. She has edited three books, *Unmasking Race*, *Culture and Attachment in the Psychoanalytic Space*; *What do we see? What do we think? What do we feel?* (Karnac, 2006) and *Touch: Attachment and the Body*. (Karnac, 2004), *Talking Bodies: How do we integrate working with the body in psychotherapy from an attachment and relational perspective?* (Karnac, 2013) and co-edited three others.

KARL HEINZ BRISCH

Karl Heinz Brisch, M.D., is a specialist in child and adolescent psychiatry and psychotherapy, adult psychiatry and neurology, a specialist in psychosomatic medicine, psychoanalysis and group psychoanalysis. He is head of the Department of Pediatric Psychosomatic Medicine and Psychotherapy at the Dr. von Hauner Children's Hospital Ludwig-Maximilians-University, Munich, Germany. He is a lecturer at the university and also lecturer at the Psychoanalytic Institute in Stuttgart, Germany.

His main research topic is early childhood development with special impact on attachment processes and disorders. His publications are about attachment development in high-risk infants and clinical attachment research. He wrote a monograph about the application of attachment-oriented psychotherapy in work with those who have troubled attachment histories. He was German Chair of the German Speaking Association for Infant Mental Health (GAIMH).



MIRIAM STEELE



Miriam Steele, PhD, is Professor and Director of the Doctoral Program in Clinical Psychology, at the New School for Social Research in New York City. At The New School, Miriam co-directs (with Prof. H. Steele) the Center for Attachment Research. Dr. Steele is also an Anna Freud Center trained psychoanalyst, and a member of the American Psychoanalytic Association. Miriam initiated the London Parent-Child Project, a major longitudinal study of intergenerational patterns of attachment that gave rise to the concept of Reflective Functioning. Dr Steele has also carried out a range of funded longitudinal attachment studies in the context of typical development, child maltreatment and adoption. Most recently, Miriam Steele (with H. Steele and

Anne Murphy) has pioneered the development of a Group Attachment-Based Intervention aimed at preventing child maltreatment and promoting attachment security.

CHRISTOPHER CLULOW

Dr Christopher Clulow is a Senior Fellow of the Tavistock Centre for Couple Relationships, London. He has published extensively on marriage, partnerships, parenthood and couple psychotherapy, most recently from an attachment perspective. His two edited books in this area are *Adult Attachment and Couple Psychotherapy: The 'secure base' in Practice and Research* (2001, Brunner-Routledge) and *Attachment, Sex and Couple Psychotherapy: Psychoanalytic Perspectives* (2009, Karnac). His most recent co-authored book, *Couple Therapy for Depression: A Clinician's Guide to Integrative Practice*, was published by Oxford University Press in 2014. He is a founding member of the British Society of Couple Psychotherapists and Counsellors, a Fellow of the Centre for Social Policy, Dartington, a member of the editorial board of *Couple and Family Psychoanalysis* and an international editorial consultant for *Sexual and Relationship Therapy*. He maintains a private clinical and training practice from his home in St Albans, UK.



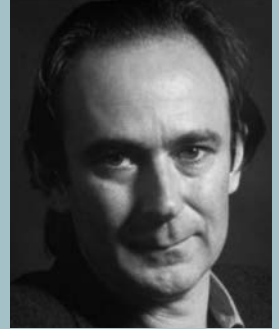
HOWARD STEELE



Howard Steele, PhD, is Professor and Director of Graduate Studies in Psychology, at the New School for Social Research in New York City. At the New School, Howard co-directs (with Prof. Miriam Steele) the Center for Attachment Research. He is also senior and founding editor of the international bi-monthly journal, *Attachment and Human Development*, and publishes widely on the topics of parenting, attachment, loss, trauma, and emotional understanding across the lifespan and across generations. Howard and Miriam Steele are co-editors of the 2008 volume, *Clinical Applications of the Adult Interview*. Howard Steele is founding and current President of the Society for Emotion and Attachment Studies (SEAS).

OLIVER JAMES

After taking degrees in Social Anthropology at Cambridge University and child clinical psychology at Nottingham University, Oliver James worked as a Research Fellow at Brunel University's Institute of Organization and Social Studies. He worked as a clinical psychologist in the Cassel psychiatric hospital for six years (1982-8), before becoming an author, journalist, TV producer, radio broadcaster and television presenter. He is a Chartered Psychologist, registered in the Clinical and Occupational Psychologist Divisions of the British Psychological Society, and registered as a psychotherapist with The Bowlby Centre. He works in private practice.



He acted as an adviser to Jack Straw during his time at the Home Office (1997-2001). In 2006 he was a member of the Conservative Party's Well-Being Sub-Group, part of its Quality of Life Commission.

He is the author of a number of bestselling books, including *They F*** You Up*, *Affluenza*, *The Selfish Capitalist*, *Contented Dementia*, *Love Bombing* and *Office Politics*. For more about Oliver James go to www.selfishcapitalist.com.

JEREMY HOLMES



For 35 years Jeremy was Consultant Psychiatrist and Psychotherapist in the NHS first at UCL and then in North Devon. He was Chair of the Psychotherapy Faculty of the Royal College of Psychiatrists 1998-2002. He set up and teaches on the Masters/Doctoral Psychoanalytic Psychotherapy Training and Research Programme at Exeter University; where he is visiting Professor; and lectures nationally and internationally.

He has written 200 + peer reviewed papers and chapters in the field of Attachment theory and psychoanalytic psychotherapy. His many books, translated into 9 languages, include the best-selling *John Bowlby and Attachment Theory* (1993/2013 2nd Edition, Routledge), *The Oxford Textbook of Psychotherapy* (2005, co-editors Glen Gabbard and Judy Beck), *Storr's The Art of Psychotherapy* (Taylor & Francis 2012). *Exploring In Security: Towards an Attachment-informed Psychoanalytic Psychotherapy* (Routledge 2010) won the 2010 Canadian Psychological Association Goethe Award. 2013 saw the 6-volume compendium of the 100 most important papers in Attachment (Benchmarks in Psychology: Attachment Theory, SAGE, co-edited with A. Slade).

His 2014 books are: *The Therapeutic Imagination: Using Literature to Deepen Psychodynamic Understanding and Enhance Empathy*, *Attachments: Psychiatry*,

Psychotherapy, Psychoanalysis (both Routledge) and *Psychiatry, Past, Present and Prospect* (co-editors S. Bloch and S. Green), Oxford. He was recipient of the 2009 New York Attachment Consortium Bowlby-Ainsworth Founders Award, and the 2013 BJP Rozsika Parker Prize.

ROBERT MARVIN

Dr. Bob Marvin was an undergraduate student and research associate with Mary Ainsworth at The Johns Hopkins University. He received his Ph.D. in developmental and clinical psychology from the University of Chicago. After completing a postdoctoral fellowship at the Institute of Child Development, University of Minnesota he began teaching at the University of Virginia, where he is currently Professor Emeritus in the School of Medicine and Research Professor in the Department of Psychology. He is also Director of the Mary Ainsworth Attachment Clinic in Charlottesville, Virginia. Bob has been active in basic and clinical attachment research, and in intervening with families who have children with chronic medical conditions and/or histories of disrupted early relationships. This has led him to focus on developing clinical tools for assessing and intervening with families of foster and adopted children, and with families experiencing divorce or other types of parental separation.

Bob was the Principal Investigator on projects that developed and tested the Circle of Security® version of Attachment Theory, and The Circle of Security® Intervention protocol. Currently, he is implementing variations of this framework in developing community-based partnerships among professionals working with families with at-risk children.



CAROL SEIGEL

Carol Seigel is Director of the Freud Museum London, Sigmund Freud's last home. She trained as a historian at Cambridge University and at Birkbeck, University of London, and has worked in different museums in London for over twenty years. Her experience includes posts as Curator at the Jewish Museum and at Hampstead Museum, and running Adult Learning programmes at the Museum of London. She has been at the Freud Museum since 2009.



SIMON PARTRIDGE

Simon Partridge is a disillusioned ex-patient of years of orthodox psychoanalysis. He is a freelance writer who has covered many fields: local community broadcasting; devolved politics; the British-Irish conflict and its resolution; and ethno-cultural mingling across the British Isles. More recently, from an attachment and neuroscience perspective, he has focused, partly autobiographically, on the debilitating psycho-somatic consequences of English upper-class child rearing: the nanny and attendant boarding schools – a recipe for early developmental trauma, normalised as the “stiff upper lip”. He has published a controversial paper (2014) on the “neglect and abuse of infant Freud”. He is currently also a student on the Relational Wellbeing Practitioner Diploma course at the London charity Kids Company. He is a director of the lobby group Boarding School Action, campaigning for the abolition of elective boarding for those under 14 - <http://boardingschoolaction.wordpress.com/>.



JUDY YELLIN



Judy Yellin trained as an attachment-based psychoanalytic psychotherapist at The Bowlby Centre, and works as an attachment-based relational psychotherapist in private practice. She is a supervisor and training therapist, and has taught extensively at The Bowlby Centre and other organisations. She currently teaches a relational third year module at the Minster Centre.

Judy is Secretary of The Relational School, UK and a member of the International Association for Relational Psychoanalysis and Psychotherapy (IARPP) & European Society for Trauma & Dissociation (ESTD). She is an Advanced Accredited Associate of Pink Therapy, an organisation working with gender and sexual diversity, offering affirmative psychotherapy to sexually diverse clients, as well as training for psychotherapists working with the LGBTQ communities. She is particularly interested in issues related to clinical work with trauma and dissociation, and their impact on the development of self.

Judy has co-edited two volumes of papers from the John Bowlby Memorial Conference: *Shattered States: Disorganised Attachment and Its Repair* (with Kate White, Karnac, 2012) and *Terror Within and Without: Attachment and Disintegration - Clinical Work on the Edge* (with Orit Badouk Epstein, Karnac, 2013).

LENNOX THOMAS

Lennox Thomas trained in child development, clinical social work, child and family psychotherapy and psychoanalytic psychotherapy. He was Clinical Director of Nafsiyat Intercultural Therapy Centre, and Co- Director of the University College (London) MSc in Intercultural Psychotherapy. He is a Consultant Psychotherapist at the Refugee Therapy Centre and a training therapist and supervisor. A member of the British Psychoanalytic Council, he was recently elected Honorary Fellow of the United Kingdom Council for Psychotherapy. Influenced by his early work with children and parents in hospitals, he has an interest in attachment and relational psychotherapy.



JEAN KNOX

Dr Jean Knox is a psychiatrist and a Jungian analyst with a relational and attachment-based approach. She is Associate Professor at the University of Exeter, for the Doctorate in Clinical Practice and the Professional Qualifying Training in Psychodynamic and Psychoanalytic Psychotherapy.

She is a Training Analyst of the Society of Analytical Psychology, a Senior Member and Training Therapist of the British Association of Psychotherapists and former Editor-in -Chief of the Journal of Analytical Psychology.

She has written and taught extensively on the relevance of attachment theory and developmental neuroscience to psychotherapy theory and practice. Her book *Archetype, Attachment, Analysis: Jungian Psychology and the Emergent Mind* was published in 2003. Her book *Self-Agency in Psychotherapy: Attachment, Autonomy and Intimacy* was published in December 2010, in the Norton Interpersonal Neurobiology series.



CONFERENCE VENUES

Saturday 19th September

UCL Institute of Child Health

University College London, 30 Guilford Street, London WC1N 1EH

Tel: 0207 242 9789 or 0207 905 2600

Website: www.ucl.ac.uk/ich/contact

Nearest tube station: Russell Square- Piccadilly Line) (5 minute walk)

Nearest train stations: Kings Cross (10 minute walk), Euston (15-20 minute walk)

Sunday 20th September

The Anna Freud Centre

12 Maresfield Gardens, London NW3 5SU

Website: www.annafreud.org/contact-us/

Nearest tube stations: Swiss Cottage (Jubilee Line), Finchley Rd (Jubilee Line and Metropolitan Line)

The Freud Museum:

20 Maresfield Gardens, London NW3 5SX

Website: www.freud.org.uk/visit/

Nearest tube stations: Swiss Cottage (Jubilee Line), Finchley Rd (Jubilee Line and Metropolitan Line)

To book tickets online, please click on the below link
www.thebowlbycentre.org.uk/cpd#JohnbBowlby25thAnniversary

Or for more information contact:

Carol Tobin, Conference Administrator

10 Tavistock Close, Rainham, Gillingham, Kent ME8 9HR

Telephone: 07764 497104 Email: carol.tobin@thebowlbycentre.org.uk

The Bowlby Centre

1 Highbury Crescent, London N5 1RN

www.thebowlbycentre.org.uk

Patrons: Sir Richard Bowlby, Dr Elaine Arnold and Dr Susie Orbach

Trustees: Janie Harvey-Douglas, Prue Norton, Cathy Pearman,
Michael Pearman and Jeremy Rutter (Chair)

The Bowlby Centre is a Company Limited by Guarantee no. 3272512. Registered Charity no. 1064780/0

BOOKING FORM

To book and pay for your place online please visit

www.thebowlbycentre.org.uk/cpd#JohnbBowlby25thAnniversary

If applying for more than one person please photocopy this form

Name

Address

Telephone

Email

Training/
Background

Where did you hear
about this conference?

Please send me a ticket for the 25th Annual Conference 2015

Saturday Only

The Bowlby Centre member ☐ £150 The Bowlby Centre Student Yr 1-4 ☐ £130

Organisation Funded ☐ £285 Self Funded ☐ £185

Saturday and Sunday

The Bowlby Centre member ☐ £230 The Bowlby Centre Student Yr 1-4 ☐ £200

Organisation Funded ☐ £360 Self Funded ☐ £260

I enclose a cheque made payable to The Bowlby Centre for £

I require an invoice to be sent on my behalf to my employer/funding body

Name of contact

Telephone

Address

If you would prefer not to be included in any future mailings, please tick box

☐

Please return this form with payment to: Carol Tobin, Conference Administrator, 10 Tavistock Close, Rainham, Gillingham, Kent ME8 9HR. Please make cheques payable to: The Bowlby Centre.

For booking conditions please visit <http://thebowlbycentre.org.uk/booking-terms-and-conditions-for-events/>

The John Bowlby (1907-1990) 25th Anniversary Event in London, UK

Exhibition: Attachment - Our Enduring Need For Others

16 September - 4 October 2015

The Freud Museum, London

- As part of the Anniversary Event, The Bowlby Centre, in collaboration with the Freud Museum London, are proud to present a unique exhibition on Attachment inspired by the life and work of John Bowlby.
- This intimate exhibition presents seldom-seen letters and photographs from the John Bowlby Archive at the Wellcome Library.
- The material has been thoughtfully curated to trace our understanding of the universal need for others across the lifespan and how this develops in a cultural and social context.
- Tickets can be booked through the Freud Museum website or in person:

The Freud Museum:

www.freud.org.uk/exhibitions/76060/attachment-our-enduring-need-for-others

Pre Conference Event: Closing the Circle from Theory to Therapy

Friday 18 September 2015, 6.30–8.30pm

- A special presentation on the Circle of Security project for supporting parents by Dr Bob Marvin, Director, The Ainsworth Attachment Clinic and The Circle of Security Network, Charlottesville, USA.
- Tickets £15 (£10 concessions/members) can be booked through the Freud Museum website or in person:

The Freud Museum:

www.freud.org.uk/events/76073/closing-the-circle-from-theory-to-therapy/