

Who are we?

The Bowlby Centre provides a 4 year part time psychotherapy taught course which is accredited by the United Kingdom Council for Psychotherapy. Our influences include classical psychoanalytic thinkers from Freud to Winnicott and challenges to traditional approaches from authors such as Jessica Benjamin, John Bowlby, Ronald Fairbairn and Stephen Mitchell.

We also offer a referral service, short courses on cutting edge clinical issues, and the annual John Bowlby Memorial Conference.

The Bowlby Centre is a Company Limited By Guarantee No. 3272512. Registered Charity No. 1064780/0

short courses

Course Details:

Date:

Saturday, 26th April 2014

Time:

10.00 until 4.00 pm

Cost:

£140 Organisations

£120 Individuals

£100 Bowlby Centre members

Venue:

The Bowlby Centre
1 Highbury Crescent,
London N5 1RN

Speaker:

Alan Corbett

Facilitator:

Emerald Davis

The Bowlby Centre used to be known as The Centre for Attachment-based Psychoanalytic Psychotherapy - CAPP

The Bowlby Centre is governed by a Board of Trustees and managed by an elected Executive.

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The Bowlby Centre

1 Highbury Crescent
London
N5 1RN

Tel: 020 7700 5070

admin@thebowlbycentre.org.uk

Promoting Attachment and Inclusion

How to Attach When It's Hard To Relate

Therapeutic Approaches to Working with Patients on the Autistic Spectrum

Dr. Alan Corbett has specialised in working with disabilities for over 20 years. He has been Clinical Director of ICAP, Director of Respond, and National Clinical Director of the CARI Foundation. He is Chair of the Training Committee of the Institute for Psychotherapy and Disability, is a member of the Training Committee of the Guild of Psychotherapists and on the advisory board of Confer. He works in private practice, is a psychotherapist with the School of Life, Consultant Psychotherapist with the Clinic for Dissociative Studies and lectures on a number of psychoanalytic training courses in London and Dublin.

This workshop will examine the challenges in working therapeutically with people on the autistic spectrum. From Autism (where there is an intellectual disability) to Asperger's (where the patient's intelligence may be extremely high), working with autism involves a central challenge: how to build an attachment in the absence of a relationship. People on the autistic spectrum struggle to make emotional and social connections, and tend to have an impoverished Theory of Mind – the capacity to understand the thoughts and feelings of others. How then can psychotherapists working primarily within the relationship help patients to feel that others can mean something to them? The workshop will examine various potential solutions to the problem of facilitating symbolic thought that may be hidden beneath defences of concrete thinking, and will explore ways of working with autistic styles of attachment that threaten to leave patients in a disconnected and isolated world.

Using clinical case examples and psychoanalytic theories on working relationally within the autistic spectrum, the workshop will seek to equip therapists with the resources necessary to work with a client group whose needs have traditionally been ignored by the therapeutic world. While the workshop will focus on those at various stages of the autistic spectrum, it will also be of use to therapists working with patients who present with “pockets of autism” – encapsulated parts of non-relating that can co-exist with high-functioning, relational parts of the self. Central to the workshop will be an ongoing exploration of the particular transference and counter transference issues inherent in working with autism, and the various ways in which our own pockets of autism draw us to this work.

VALUING DIVERSITY

The Bowlby Centre welcomes applications from all sectors of the community and respects and values difference in age, class, culture, disability, ethnicity, gender and sexuality.



BOOKING FORM

How to Attach When It's Hard To Relate

Therapeutic Approaches to Working with Patients on the Autistic Spectrum

Saturday 26 April 2014

Name:
Address:
Telephone:
Email:
Notes:

I would like ticket/s

Cost:

£140 Organisations

£120 Individuals

£100 Bowlby Centre members

I enclose a cheque for £..... (made payable to 'The Bowlby Centre')

Please return this form and your cheque to:

Administrator
The Bowlby Centre
1 Highbury Crescent
London N5 1RN

Please make cheque payable to The Bowlby Centre and post to Carol Tobin, The Bowlby Centre, 1 Highbury Crescent, London N5 1RN. If you have any questions or queries please contact carol.tobin@thebowlbycentre.org.uk

A Certificate of Attendance will be provided for CPD purposes