

#### Who are we?

The Bowlby Centre provides a 4 year part time psychotherapy taught course which is accredited by the United Kingdom Council for Psychotherapy. Our influences include classical psychoanalytic thinkers from Freud to Winnicott and challenges to traditional approaches from authors such as Jessica Benjamin, John Bowlby, Ronald Fairbairn and Stephen Mitchell.

We also offer a referral service, short courses on cutting edge clinical issues, and the annual John Bowlby Memorial Conference.

The Bowlby Centre is a Company Limited By Guarantee No. 3272512. Registered Charity No. 1064780/0

# short courses

### **Course Details:**

#### Date:

10 September 2014

#### Time:

1pm - 3pm (Wednesdays) (no sessions on 22 and 29 October)

#### Cost:

£600 – 5% early bird discount ends 31<sup>st</sup> July 2014

#### Venue:

The Bowlby Centre 1 Highbury Crescent London N1 5RN

#### Speaker:

Adah Sachs

#### **Facilitator:**

**Emerald Davis** 

The Bowlby Centre used to be known as The Centre for Attachment-based Psychoanalytic Psychotherapy - CAPP

The Bowlby Centre is governed by a Board of Trustees and managed by an elected Executive.

Registered Charity No. 1064780/0 A company Ltd. by Guarantee No.3272512

#### **The Bowlby Centre**

1 Highbury Crescent London N5 1RN

Tel: 020 7700 5070 admin@thebowlbycentre.org.uk

# Attachment as a second language:

# further concepts in therapy for people with dissociative disorders

### Ten weeks clinical/theoretical seminar with Adah Sachs

People with dissociative disorders present therapists with extraordinary challenges.

Frequent out-of hours emergencies, concerns about current threats to the safety of the patient /client, confidentiality and boundaries complications, moral dilemmas, secondary traumatisation and the inability to explain our clinical choices to colleagues (or supervisors) leave the therapist anxious, isolated, unsupported and defensive.

Using participants' case material and their personal reactions to it, this indepth seminar will trace the 'hidden attachment conversation' in the session: where we have misunderstood the attachment call, avoided it or found it impossible to respond to. We will then consider some useful developments in attachment theory which can help us, in the most challenging moments, to maintain our thinking process while remaining deeply connected.

The nature of this seminar requires that the group is small and experienced.

Therapists applying must work (currently) with at least one person with a dissociative disorder, have basic knowledge of attachment theory and sign a confidentiality agreement.

**Adah Sachs** is an attachment-based psychoanalytic psychotherapist and a member of the Bowlby Centre. She has worked for many years with patients in psychiatric care, and is a consultant psychotherapist at the Clinic for Dissociative Studies, and a member of the board of directors of the ISSTD. She lectures, publishes and supervises worldwide on attachment, dissociation and trauma.

If you are a wheelchair-user or have other difficulties with access, please let us know

#### **VALUING DIVERSITY**

The Bowlby Centre welcomes applications from all sectors of the community and respects and values difference in age, class, culture, disability, ethnicity, gender and sexuality.



# **BOOKING FORM**

# Attachment as a second language:

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10 September 2014

Name:
Address:
Telephone:
Email:
Notes:
I would like ticket/s
Cost:
£600 – 5% early bird discount ends 31 <sup>st</sup> July 2014
I enclose a cheque for £ (made payable to 'The Bowlby Centre')
Please return this form and your cheque to:
Carol Tobin The Bowlby Centre
1 Highbury Crescent London N5 1RN
Please make cheque payable to The Bowlby Centre and post to Carol Tobin, The Bowlby Centre, 1 Highbury Crescent, London N5 1RN. If you have any questions or queries please contact

A Certificate of Attendance will be provided for CPD purposes

carol.tobin@thebowlbycentre.org.uk