

Building therapeutic presence and attachment in online therapy

Saturday, 25 June 2022

The training will cover:

- The frame: Creating a secure container through clear practices
- The 'digital relationship': What features are created or heightened by the relationship being online?
- Attachment: Ways we can work to foster secure attachment in online therapy

About Emma

Emma Cameron, MA, PG.Dip., Adv.Dip, is a UKCP registered Integrative Arts Psychotherapist and supervisor in private practice in Wivenhoe, on the north Essex coast. She has been working online since 2016, when a long-term client moved out of the area and wanted to continue working, which prompted Emma to do a diploma in online therapy. She also has a diploma in online supervision, and has given trainings on delivering therapy and supervision online to professional organisations and training institutions in the U.K. and Ireland. A level 3 AEDP therapist, Emma draws on extensive training in AEDP (Diana Fosha's accelerated experiential dynamic psychotherapy) as well as several years' experience in online therapy and supervision. Later in 2022, Routledge will be publishing 'Integrative Arts Psychotherapy: Using an Integrative Theoretical Frame and all of the Arts in Psychotherapy' (eds. Nash & Vaculik) for which Emma has written a chapter on working online. Emma's many articles on therapy-related topics can be accessed via her website, <https://emmacameron.com>

- Date:** Saturday, 25 June 2022
- Time:** 9.30am – 12.30pm
- Cost:** £40 non-Bowlby Centre members
£20 Bowlby Centre members
Free for Bowlby Centre students
- CPD:** 3 hours
(CPD certificate provided)