

# Safeguarding Awareness Training for Counsellors and Therapists

## A two-hour workshop designed and facilitated by Lynn Findlay

**Saturday, 2 April 2022**

**What is it about?** The workshop will increase your knowledge and confidence about making safeguarding decisions about children and adults in the therapeutic context. We focus on joined up thinking across families and networks.

**Is it for me?** It is for therapists working with both adults and young people. Many adult clients have contact with children in some capacity, and all children are cared for by adults. You can be in private practice or employed by an organisation.

**What will I learn?** The session covers:

- Legislative and statutory framework which promotes and safeguards a child's welfare, including understanding terminology and comparisons with safeguarding vulnerable adults (joined up thinking).
- An overview of types of harm and abuse
- The role of the therapist within this framework, exploring issues of confidentiality and contracting in the counselling context, with consideration to GDPR.
- Making sense of your concerns and threshold dilemmas
- Guidance on recording and reporting concerns
- Signposting - what next.

**How is it delivered?** This is currently via Zoom, with information sharing, whole group discussion, and opportunities for questions and personal reflection.

Please get in touch if I can help. The training can be tailored direct to your learning needs.

### About Lynn:

Lynn is a qualified counsellor and psychotherapist, working with both adults and young people. She is a registered social worker with over 20yrs experience working in safeguarding, with many years' experience designing and delivering training sessions in social care and therapy.

**Date:** Saturday, 2 April 2022

**Time:** 11.00am - 1.00pm

**Cost:** £30 non-Bowlby Centre members

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**CPD:** 2 hours

(CPD certificate provided)