

## CLINICAL FORUM

### VIA VIDEO LINK

**Saturday, 3 October 2020**

**11am to 1pm**

### SOME ASPECTS OF PRACTICING EMDR

**Speaker: John Henry**

#### **Synopsis:**

In his talk, John will introduce you to the bare bones of EMDR and share some case histories to illustrate the diversity of this therapy. Disclaimer: this in no way will qualify you to practice EMDR, but John hopes it will encourage you to seek training from an accredited training organisation.

#### **About the speaker:**

John Henry is a founder member of the Bowlby Centre. He has been in practice as a psychotherapist since the mid-1980s. Just after the turn of the millennium he began work, first as an honorary and later in a paid post at the Maudsley Hospital in the Traumatic Stress Service. While there he met Sandi Richman, who was heading up the EMDR service in the TSS. He was encouraged to seek training as an EMDR therapist. This was the best move he felt he had made in his career. He has become an EMDR enthusiast because it works more rapidly than other relational and CBT therapies, and with lasting effect.

- Time:** 11.00am - 1.00pm
- Cost:** £30 (Bowlby Centre members and students - free)
- Chair of Clinical Forum:** Helen Everitt, member of the Bowlby Centre
- CPD:** 2 hours - (CPD certificate provided)