

## Clinical Forum

**Saturday, 13 October 2018**

**11am to 1pm**

### **“FOSTERING FAMILY ATTACHMENTS IN AN AGE OF VIRTUAL RELATIONSHIPS”**

**Speaker: Maeja Raicar**

**Synopsis:** **CHILD-CENTRED ATTACHMENT THERAPY (The CcAT Programme)** was developed in the mid-1990s as a brief assessment and treatment programme to support adoptive families in Essex. Created by Maeja Raicar and social work colleagues, **CcAT** was then offered independently by them for several years. They worked with a number of adoptive and foster families, as well as with step-families and birth families where parents and children were struggling with attachment and related behavioural difficulties, and quite often with safeguarding issues since attachment and protection are two sides of the same coin.

The therapists' learning from this period was written up for the Karnac/UKCP series under the title, **Child-Centred Attachment Therapy** (2009). In this clinical forum, Maeja will share some of that learning and consider **CcAT's** continuing relevance in an age of virtual relationships to helping struggling parents and children to build healthy attachments. Its simple concepts can be applied to therapeutic work with couples struggling with relationship issues, as well as to work with individuals who are struggling to parent their children effectively.

#### **About the speaker Maeja Raicar**

**Maeja Raicar** trained as a therapist with the Institute for Self-Analysis in the early 1990s, before it evolved into CAPP and, much later, into The Bowlby Centre. Through a synchronicity of happenings, **The CcAT Programme** was created and piloted by Maeja and colleagues in Essex. She has worked in the field of adoption and fostering for decades, initially as a social worker before qualifying as a therapist. Maeja has a private therapy and supervision practice in Essex

<b>Time:</b>	11.00am - 1.00pm (Registration 10.45)
<b>Cost:</b>	£30 (Bowlby Centre members and students - free)
<b>Venue:</b>	The Bowlby Centre 1 Highbury Crescent, London N5 1RN
<b>Chair of Clinical Forum:</b>	Helene Everitt, member of the Bowlby Centre
<b>CPD:</b>	2 hours - (CPD certificate provided)