

## CLINICAL FORUM

Saturday, 13 May 2017

11am – 1pm  
Registration 10.45

### *Face to Face: Psychotherapy in Black and White*

#### SPEAKER:

**Charles Brown**

How can a black psychotherapist work with the transference and counter transference when working with racial otherness, a direct and present trauma for the black psychotherapist?

This paper examines working with race in psychoanalysis through the exploration of the effect on the patient and the impact on the therapy of the therapist's black skin. Understanding, through the use of dreams, myth and imagery, allow powerful dynamics to emerge into consciousness. Charles Brown will discuss some clinical examples of patients' dreams in relation to the image of the black therapist. This is explored through the use and meaning of colour within the patients' dreams. Charles presents clinical vignettes, which illustrate the impact of the therapists' black skin that are linked to the resistance of the patients' acknowledgement of their own racial stereotypes and its possible significance in the therapy.

#### About Charles Brown

Charles Brown is a UKCP registered psychoanalytic psychotherapist, clinical supervisor and supervisor of supervision. He qualified from The Guild of Psychotherapists, London in 2006. He is also a specialist addictions therapist and an experienced group facilitator. He is an associate member of AAP, The Bowlby Centre, The APPT.

Charles has experience across the public, voluntary and private sectors. He is the founder of BeMe Therapy, a counselling service for black and ethnic minorities. Charles is also a training therapist, tutor and lecturer. He has a particular interest in identity and race and has published papers in books and journals. He has been in private practice in South London for several years.

<b>Time:</b>	11.00am - 1.00pm (Registration 10.45)
<b>Cost:</b>	£30 (Bowlby Centre members and students - free)
<b>Venue:</b>	The Bowlby Centre 1 Highbury Crescent, London N5 1RN
<b>Chair of Clinical Forum:</b>	Helene Everitt, member of the Bowlby Centre
<b>CPD:</b>	2 hours - (CPD certificate provided)