



ATTACHMENT:

OUR ENDURING NEED FOR OTHERS



6th February - 29th April 2017



VISITING US

OPENING HOURS:

Monday - Thursday 9am - 9pm
Friday 9am - 5.30pm
Saturday 10am - 4.30pm

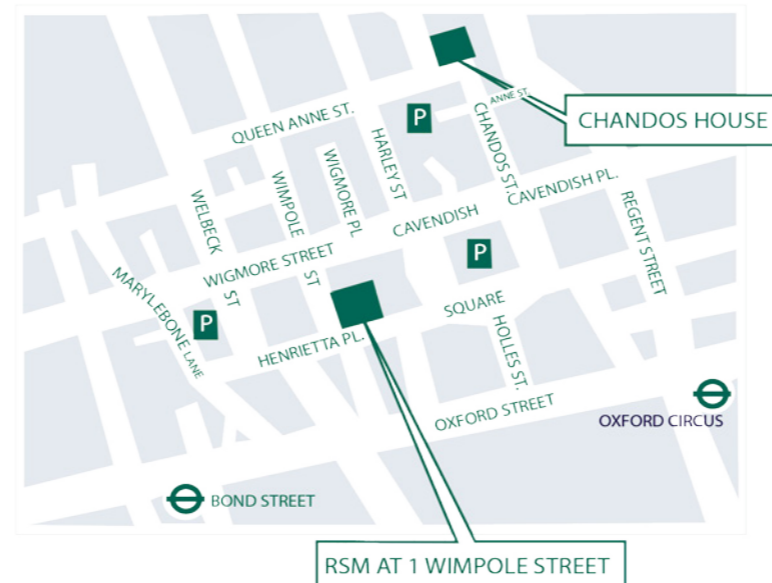
Entrance to the exhibitions is free.

www.rsm.ac.uk/about-us/contact-us.aspx

ADDRESS:

Royal Society of Medicine
1 Wimpole Street
London W1G 0AE
020 7290 2940

WWW.RSM.AC.UK



John Bowlby (in the middle) at Lindisfarne preparatory boarding school, circa 1918.
Wellcome Library, London, Enlargement
Cover image: John Bowlby with his grandson on the Isle of Skye, 1968.

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JOHN BOWLBY

Honorary Fellow, Royal Society of Medicine, 1987

The Bowlby Centre, in collaboration with Royal Society of Medicine, are proud to present a unique exhibition on Attachment inspired by the life and work of John Bowlby, the founder of Attachment Theory.

This intimate exhibition presents seldom-seen letters and photographs from the John Bowlby Archive at the Wellcome Library. The material has been thoughtfully curated to trace our understanding of the universal need for others across the lifespan and how this develops in a cultural and social context.

As John Bowlby wrote,

“Intimate attachments to other human beings are the hub around which a person’s life revolves, not only when he is an infant or a toddler or a school-child but throughout his adolescence and his years of maturity as well, and on into old age.” (Bowlby, 1980)

Our attachment to others continues throughout our lives. Thus, we are born with the inherent capacity for making emotional bonds, becoming attached to those who care for us in our childhood. By having enough of our early attachment needs met, we are enabled to explore the world with confidence, trusting that we have a safe haven to return to when the going gets tough. We thereby learn what to expect in the way of behaviour from others, and likely consequences for how we feel, think and act.

This exhibition illustrates the lifelong relevance of attachment for all our close relationships, including how children, parents and elders are cared for and provided for:

- Discover how, with attachment principles at their core,
- organisations such as schools and hospitals can support their staff to provide caregiving relationships in creative ways.
- Explore how, despite loss and separation, our continuing capacity to learn, heal and grow is possible through long term loving relationships, including those offered by counsellors and psychotherapists.
- Reflect on how our lifelong need for others continually shapes our emotional life and wellbeing.

EVENTS *associated with the exhibition*

Special Opening Event with Dr Colin Murray Parkes

Wednesday 8th February, 2017, 6.30pm-8.30pm

Exhibition to be opened by Dr Colin Murray Parkes, Fellow of the Royal Society of Medicine and distinguished colleague of Dr John Bowlby.

Other guest contributors at the opening, chaired by Mark Linington from The Bowlby Centre, will be Sir Richard Bowlby, Dr Elaine Arnold (Patron), Kate White (Curator) and Robert Greenwood from The Royal Society of Medicine.

RSVP booking is essential: carol.tobin@thebowlbycentre.org.uk

Repetition, Repetition, Repetition: Breaking the Cycle of Attachment Trauma

The 23rd John Bowlby Memorial International Conference, London, 3rd & 4th March, 2017

Speakers include Susie Orbach, Onno Van der Hart, Karl-Heinz Brisch, Ruth Lanius, Adrienne Harris, Orit Badou Epstein & Daniel Shaw

Contact details: <http://thebowlbycentre.org.uk/cpd/#conference>

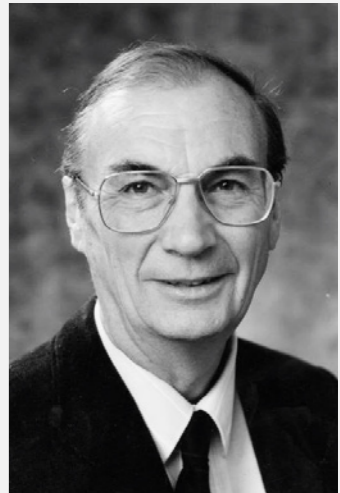
Colin Murray Parkes OBE MD DPM FRCPsych

Colin is President for Life of Cruse Bereavement Care, and Emeritus Consultant Psychiatrist to St Christopher’s Hospice, Sydenham.

He worked for thirteen years with John Bowlby at the Tavistock Institute of Human Relations and co-edited *The Place of Attachment in Human Behaviour* (1982) Eds C.M. Parkes & J. Stevenson-Hinde and *Attachment Across the Life Cycle*. (1991) Eds C.M. Parkes, J. Stevenson-Hinde, & P. Marris.

He is author of *Bereavement: Studies of Grief in Adult Life*, and *Love and Loss: The Roots of Grief and its Complications*; and is also editor of *Death and Bereavement Across Cultures*, and *Responses to Terrorism: Can the Cycle be Broken?* in addition to *The Price of Love: Selected Works of Colin Murray Parkes*.

His recent work has focused on prolonged grief disorder, traumatic bereavements and on the roots in the attachments of childhood of the psychiatric problems that can follow the loss of attachments in adult life.



CONSULTANT *to the exhibition*

Howard Steele

PhD, Professor of Psychology
New School for Social Research, New York.