

Saturday, 8 October 2016

CLINICAL FORUM

11am – 1pm
Registration 10.45

Aspects of Attachment-Based Psychoanalytic Psychotherapy

SPEAKERS:

Mark Linington and Tori Settle

In this clinical forum Mark Linington and Tori Settle will present and explore what it means to work as a psychotherapist from both an attachment theory and psychoanalytic perspective. They will use examples from their extensive clinical experience to reflect on some of the key current areas with which they work, including the nature of the secure base, the significance of the clinician's experience, the repetition of relational patterns (internal working models) and understanding the therapeutic action.

About Mark Linington

Mark Linington has been practicing as an attachment-based psychoanalytic psychotherapist for more than fifteen years, including twelve years in the NHS. He works with adults, children and families who have experienced trauma, including those with intellectual disabilities and long term mental health problems. He is Chair of the Executive Committee at The Bowlby Centre, where he is also a training therapist and training supervisor. He currently works as a psychotherapist and supervisor in a special secondary school in London, at the Clinic for Dissociative Studies and in private practice.

About Tori Settle

Tori Settle has been practising as an attachment-based psychoanalytic psychotherapist for 16 years and has a full private clinical practice. She is also a trained massage therapist and specialises in working with pregnant mothers and elderly clients. She gave up her massage practice gradually over the years in order to focus solely on the psychotherapeutic work but her interest in working with the body remains. She is Chair of the Clinical Training Committee at the Bowlby Centre and sits on the Executive committee with Mark Linington

Further information

Mark and Tori have recently co-authored a chapter on Attachment-based Psychoanalytic Psychotherapist in the forthcoming Sage Handbook for Counseling and Psychotherapy due for publication later this year

- Time:** 11.00am - 1.00pm (Registration 10.45)
- Cost:** £20 (Bowlby Centre members and students - free)
- Venue:** The Bowlby Centre 1 Highbury Crescent, London N5 1RN
- Chair of
Clinical Forum:** Helene Everitt, member of the Bowlby Centre
- CPD:** 2 hours
(CPD certificate provided)