



**THE BOWLBY  
CENTRE**

#### Who are we?

The Bowlby Centre provides a 4 year part time psychotherapy taught course which is accredited by the United Kingdom Council for Psychotherapy. Our influences include classical psychoanalytic thinkers from Freud to Winnicott and challenges to traditional approaches from authors such as Jessica Benjamin, John Bowlby, Ronald Fairbairn and Stephen Mitchell.

We also offer a referral service, short courses on cutting edge clinical issues, and the annual John Bowlby Memorial Conference.

The Bowlby Centre is a Company Limited By Guarantee No. 3272512. Registered Charity No. 1064780/0

## short courses

### Course Details:

#### Date:

Saturday, 26<sup>th</sup> November, 2016

#### Time:

11.00 am – 4.00pm  
Registration 10.30

#### Cost:

£120  
£100 Bowlby Centre members and students

#### Venue:

**Resource for London**  
356 Holloway Road,  
London N7 6PA

#### Speaker:

Professor Brett Kahr

The Bowlby Centre used to be known as The Centre for Attachment-based Psychoanalytic Psychotherapy - CAPP

The Bowlby Centre is governed by a Board of Trustees and managed by an elected Executive.

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#### The Bowlby Centre

1 Highbury Crescent  
London  
N5 1RN

Tel: 020 7700 5070  
admin@thebowlbycentre.org.uk

### "WHEN MUMMY WANTS YOU TO DIE": UNCONSCIOUS DEATH WISHES AND THE INFANTICIDAL ATTACHMENT

#### A Special Event with

#### Professor Brett Kahr

Every human being has, from time to time, wished someone else dead. Fortunately, most of us manage to verbalise our hatred in a safe fashion. But what happens when one harbours murderous rage towards another person and does not always know about it? Do unconscious death wishes really exist? And what impact do they have, especially parental death wishes towards infants and children?

Drawing upon nearly forty years of work in the mental health field, Brett Kahr will present the latest version of his theory of the role of unconscious parental death wishes in the genesis of child and adult psychopathology, and will explore the dynamics of the "infanticidal attachment", and how this destroys intimacy across the lifespan. Kahr will also discuss the ways in which the infanticidal attachment style manifests itself in the psychotherapeutic process and how clinicians can become more proficient in both the diagnosis and treatment of death wishes and their long-term impact.

This workshop will consist of theoretical and clinical presentations as well as "live" supervision of clinical material from participants. This training event will be ideal for all mental health professionals who work with challenging cases, especially colleagues steeped in the treatment of individuals and families struggling with psychosis, borderline states, post-traumatic stress disorder, and related states.

#### About Professor Brett Kahr

Professor Brett Kahr has worked in the mental health field since 1976. He is currently Senior Fellow at the Tavistock Centre for Couple Relationships at the Tavistock Institute of Medical Psychology, in London. He also holds the post of Senior Clinical Research Fellow in Psychotherapy and Mental Health at the Centre for Child Mental Health. He has enjoyed a long relationship with The Bowlby Centre, and has served as its Consultant in Psychology since 1992. Author of eight books and series editor of more than forty additional volumes in the fields of forensic mental health and in the history of psychoanalysis, he also serves as Trustee of the Freud Museum London. His most recent book is entitled *Tea with Winnicott*. His forthcoming book on *The Traumatic Roots of Schizophrenia* will be published in late 2016.

#### VALUING DIVERSITY

**The Bowlby Centre welcomes applications from all sectors of the community and respects and values difference in age, class, culture, disability, ethnicity, gender and sexuality.**



## BOOKING FORM

**"WHEN MUMMY WANTS YOU TO DIE": UNCONSCIOUS DEATH WISHES AND THE INFANTICIDAL ATTACHMENT**

**A Special Event with Professor Brett Kahr**

**Saturday, 26<sup>th</sup> November, 2016**

Name:
Address:
Telephone:
Email:
Notes:

I would like ..... ticket/s

**Cost:** £120  
£100 – Bowlby Centre members and students

You can book and pay online by visiting [www.thebowlbycentre.org.uk/cpd/](http://www.thebowlbycentre.org.uk/cpd/)

I enclose a cheque for £..... (made payable to 'The Bowlby Centre')

Please return this form and your cheque to:

Carol Tobin  
The Bowlby Centre  
1 Highbury Crescent  
London N5 1RN

Please make cheque payable to The Bowlby Centre and post to Carol Tobin, The Bowlby Centre, 1 Highbury Crescent, London N5 1RN. If you have any questions or queries please contact [carol.tobin@thebowlbycentre.org.uk](mailto:carol.tobin@thebowlbycentre.org.uk)

**A Certificate of Attendance will be provided for CPD purposes**