

CLINICAL FORUM

Saturday, 16 July 2016

11am – 1pm
Registration 10.45

GASLIGHT – I feel like I'm going mad, is it me, must be me?

SPEAKER:

Orit Badouk Epstein

The 1940s film “Gaslight” is a classic thriller and its strength lies in being psychologically accurate storytelling ahead of its time. Recently, the term “gas-light” has come alive after the broadcasting of the radio drama ‘The Archers’. Since emotional abuse has never received proper public recognition, the revival of the word and its modern interpretation is highly relevant to our work with clients who have been emotionally abused, clients with a poor sense of agency and clients who survived horrendous mind control and torture. From the personal to the societal, I will be discussing the various degrees of gas-lighting, in particular with clients whose lives have been marked by continuous and insidious emotional torment, and how relational approach helps shift their distorted internal working models and sense of selfhood.

About Orit Badouk Epstein

Orit Badouk Epstein is an Attachment based Psychoanalytic psychotherapist (UKCP registered) and a supervisor working in private practice. She works relationally with individuals, couples and parents. Orit has a particular interest in working with individuals who have experienced extreme abuse and trauma displaying symptoms of dissociation. She is currently teaching at the Bowlby Centre. Orit is a trustee for the Clinic of Dissociative Studies. She is co-author of the book “Ritual Abuse and Mind Control: The Manipulation of Attachment Needs” (Karnac Books) and co-editor of the book ‘Terror within & without’. She is the associate editor for Journal Attachment New Direction and co-editor of the ESTD (European Society for Trauma and Dissociation) Newsletter where she regularly writes articles, film and book reviews.

Time: 11.00am - 1.00pm (Registration 10.45)

Cost: £20
(Bowlby Centre members and students - free)

Venue: The Bowlby Centre 1 Highbury Crescent, London N5 1RN

CPD: 2 hours
(CPD certificate provided)