



**THE BOWLBY
CENTRE**

Who are we?

The Bowlby Centre provides a 4 year part time psychotherapy taught course which is accredited by the United Kingdom Council for Psychotherapy. Our influences include classical psychoanalytic thinkers from Freud to Winnicott and challenges to traditional approaches from authors such as Jessica Benjamin, John Bowlby, Ronald Fairbairn and Stephen Mitchell.

We also offer a referral service, short courses on cutting edge clinical issues, and the annual John Bowlby Memorial Conference.

The Bowlby Centre is a Company Limited By Guarantee No. 3272512. Registered Charity No. 1064780/0

short courses

Course Details:

Date:

23rd, 24th and 25th June 2016

Time:

9.00am to 6.00pm the first two days and 9.00am to 4.30pm on the final day

Cost:

£525
£480 (Bowlby Centre members)

Venue:

The Bowlby Centre
1 Highbury Crescent
London N5 1RN

Speaker:

Dr Una McCluskey

The Bowlby Centre used to be known as The Centre for Attachment-based Psychoanalytic Psychotherapy - CAPP

The Bowlby Centre is governed by a Board of Trustees and managed by an elected Executive.

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The Bowlby Centre

1 Highbury Crescent
London
N5 1RN

Tel: 020 7700 5070
admin@thebowlbycentre.org.uk

Promoting Attachment and Inclusion

Exploring the Dynamics of Attachment in Adult Life™

This is a 3 day course for professionals offering an opportunity to explore one's own experience of attachment dynamics in the context of a confidential closed experiential group. The work will be supported by didactic input and time for reflection, application and analysis.

Dr Una McCluskey

Psychoanalytic and Systemic Psychotherapist (UKCP)

Part time Senior Research Fellow at the University of York and freelance Attachment Consultant. Author of *To be Met as a Person: the Dynamics of Attachment in Professional Encounters*. Karnac London, co-author of *The Psychodynamics of abuse: the cost of fear*, Jessica Kingsley, and joint author with Dr Dorothy Heard and Dr Brian Lake of *Attachment Therapy with Adolescents and Adults: theory and practice post Bowlby 2009*.

Presented with the Award for *Vision, Innovation, Dedication and Achievement* (VIDA) in 2004 by the Group Psychotherapy Association of Southern California in appreciation of her contribution to the field of psychotherapy.

This course seeks to address the fact that as we work in jobs that require us to respond to the needs of others, too often we don't create the conditions to support our own personal and psychological development.

Experiences of careseeking and caregiving have their roots in infancy and shape our expectations and responses to careseeking and caregiving in adult life.

As professionals offering a service in the field of mental health and social care we will be aware of the many different ways that people express their careseeking needs, and how difficult it is sometimes to interpret these accurately and respond. People who have had contradictory experiences of caregiving will often tend to miscue professional caregivers so that any attempt at caregiving is frustrated and can end up as a frustrating experience for both parties.

VALUING DIVERSITY

The Bowlby Centre welcomes applications from all sectors of the community and respects and values difference in age, class, culture, disability, ethnicity, gender and sexuality.



BOOKING FORM

Exploring the Dynamics of Attachment in Adult Life™

23rd, 24th and 25th June 2016

Name:
Address:
Telephone:
Email:
Notes:

I would like ticket/s

Cost: £525
£480 (Bowlby Centre members)

You can book and pay online by visiting www.thebowlbycentre.org.uk/cpd/

I enclose a cheque for £..... (made payable to 'The Bowlby Centre')

Please return this form and your cheque to:

Carol Tobin
The Bowlby Centre
1 Highbury Crescent
London N5 1RN

Please make cheque payable to The Bowlby Centre and post to Carol Tobin, The Bowlby Centre, 1 Highbury Crescent, London N5 1RN. If you have any questions or queries please contact carol.tobin@thebowlbycentre.org.uk

A Certificate of Attendance will be provided for CPD purposes