

involved in the new culture of dementia care developments as a nurse and as a psychotherapist. Kate is a teacher and therapist at The Bowlby Centre and is exploring the links between attachment theory and memory difficulties. Kate has a partner with Alzheimer's.

The venue for this workshop is in Kentish Town, London. For further information contact: Zakeera Janya Akhtar at Camden Carers by email: [Zakeera@camden carers.org.uk](mailto:Zakeera@camden carers.org.uk)

### *Attachment theory workshops for sixth form and secondary school students.*

We would like to invite sixth form and secondary school students to this special workshop with Emma Starck, an attachment-based psychoanalytic psychotherapist and science teacher. We will be exploring the importance of attachment theory, and especially how the attachment bonds between babies and their caregivers affect our attachments between friends and romantic partners from adolescence onwards through life.

The workshop will include a presentation about the neuroscience of attachment. Video clips and interactive activities will help you to assimilate the principles of attachment theory whilst encouraging you to see the practical importance of attachment needs and bonds in your own lives.

Date and time to be arranged individually with participating schools.  
Contact: Deputy Director / Head of Learning Ivan Ward  
[education@freud.org.uk](mailto:education@freud.org.uk)

### CONSULTANT TO THE EXHIBITION

*Howard Steele, PhD, Professor of Psychology*

New School for Social Research,  
Psychology Department,  
6th Floor, 80 Fifth Avenue, New York, NY 10011  
[steeleh@newschool.edu](mailto:steeleh@newschool.edu)

## VISITING US

### OPENING HOURS:

Wednesday – Sunday 12 – 5pm

### ADMISSION CHARGES:

Adults: £7.00

Senior Citizens: £5.00

Concessions: £4.00

(People with disabilities, Students with valid ID cards,  
children aged 12-16, UK unemployed persons - with proof).  
Children under 12: Free

### BOOKING

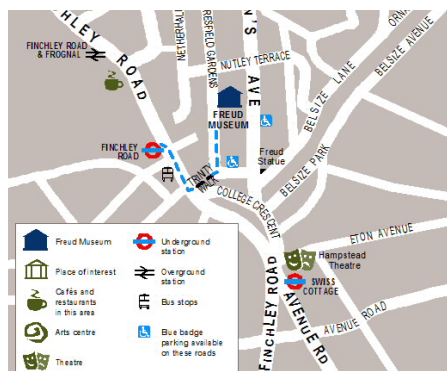
Ticket prices vary, see website for details  
Advance booking for workshops essential as places limited

[WWW.FREUD.ORG.UK/EVENTS](http://WWW.FREUD.ORG.UK/EVENTS)

### ADDRESS:

20 MARESFIELD GARDENS,  
LONDON NW3 5SX,  
TEL: 020 7435 2002

[WWW.FREUD.ORG.UK](http://WWW.FREUD.ORG.UK)



[WWW.THEBOWLBYCENTRE.ORG.UK](http://WWW.THEBOWLBYCENTRE.ORG.UK)



THE BOWLBY  
CENTRE

# ATTACHMENT

OUR ENDURING NEED FOR OTHERS



16th September - 4th October 2015

FREUD MUSEUM  
LONDON



1907-1990

# The JOHN BOWLBY

## 25th Anniversary Event

As part of this celebration, The Bowlby Centre, in collaboration with the Freud Museum London, are proud to present a unique exhibition on Attachment inspired by the life and work of John Bowlby, the founder of Attachment Theory.

This intimate exhibition presents seldom-seen letters and photographs from the John Bowlby Archive at the Wellcome Library. The material has been thoughtfully curated to trace our understanding of the universal need for others across the lifespan and how this develops in a cultural and social context.

As John Bowlby wrote,

*“Intimate attachments to other human beings are the hub around which a person’s life revolves, not only when he is an infant or a toddler or a school-child but throughout his adolescence and his years of maturity as well, and on into old age.”* (Bowlby, 1980)

Our attachment to others continues throughout our lives. Thus, we are born with the inherent capacity for making emotional bonds, becoming attached to those who care for us in our childhood. By having enough of our early attachment needs met, we are enabled to explore the world with confidence, trusting that we have a safe haven to return to when the going gets tough. We thereby learn what to expect in the way of behaviour from others, and likely consequences for how we feel, think and act.

**This exhibition illustrates the lifelong relevance of attachment for all our close relationships, including how children, parents and elders are cared for and provided for.**

- *Reflect on how our lifelong need for others continually shapes our emotional life and wellbeing.*
- *Explore how, despite loss and separation, our continuing capacity to learn, heal and grow is possible through long term loving relationships, including those offered by counsellors and psychotherapists.*
- *Discover how, with attachment principles at their core, organisations such as schools and hospitals can support their staff to provide caregiving relationships in creative ways.*

### EVENTS *Associated with the Exhibition*

**There will be a special opening event and three workshops scheduled within the duration of the exhibition.**

#### SPECIAL OPENING EVENT

Sunday 20th September 2015, 9.30am–2.30pm

As part of the International Conference *Attachment Theory – How John Bowlby Revolutionised Our Understanding of Human Relationships*

A private view of the exhibition and the premiere of the last interview with John Bowlby by Virginia Hunter in February 1990. The venue for this special opening event is The Anna Freud Centre, London.

For more information, please contact Carol Tobin:

[carol.tobin@thebowlbycentre.org.uk](mailto:carol.tobin@thebowlbycentre.org.uk)

[www.thebowlbycentre.org.uk/cpd/#JohnBowlby25thAnniversary](http://www.thebowlbycentre.org.uk/cpd/#JohnBowlby25thAnniversary)

#### EXHIBITION WORKSHOPS

Friday 18th September 2015, 6.30–8.30pm

*Closing the Circle from Theory to Therapy*

A presentation on the Circle of Security project for supporting parents by Dr Bob Marvin, Director, The Ainsworth of Attachment Clinic and The Circle of Security Network, Charlottesville, USA.

The underlying theme of the talk will be about John Bowlby’s initial

dream of putting his therapist-role on hold, developing a usable theory, and then returning to doing therapy with that theory. His dream was not realised during his lifetime, but that has changed in the past 25 years. The Circle of Security Intervention is part of that change.

There are only 80 tickets available. Tickets cost £15.00, (£10.00 for members of the Freud Museum and The Bowlby Centre). Book on the Freud Museum London webpage.

[www.freud.org.uk/exhibitions/76060/attachment-our-enduring-need-for-others/](http://www.freud.org.uk/exhibitions/76060/attachment-our-enduring-need-for-others/)

### DR. BOB MARVIN *Biographical details*



Dr. Bob Marvin was a student and research associate with Mary Ainsworth, John Bowlby’s main research collaborator, at The Johns Hopkins University. He is currently Professor Emeritus at the University of Virginia. Bob was the Principal Investigator on projects that developed the Circle of Security® version of Attachment Theory, and The Circle of Security®

Intervention protocol. His focus is in intervening with families who have children with chronic medical conditions and/or histories of disrupted early relationships in addition to parental separation.

Tuesday 29th September 2015, 11.00am–1.00pm

*Insights from Attachment Theory, while Caring*

A workshop, in collaboration with Camden Carers, for those caring for people with memory difficulties including dementia and Alzheimer’s. The workshop will be led by Dr Angela Cotter, a Jungian analyst, and Kate White, an attachment-based psychoanalytic psychotherapist.

Both Angela Cotter and Kate White originally trained as nurses and worked with older people with memory difficulties—Angela as a manager of a care home and Kate as a district nurse. Angela has undertaken action research involving carers and people with dementia, and was

