

## CLINICAL FORUM

Saturday, 10 October 2015

11pm – 1pm

### War – Psychoanalysis and the Unspeakable

**Abstract** – This presentation starts with a short film, “letters of service” directed by Duncan Wellaway. This is the true story of a man who had been in a psychiatric institution for 80 years following service in the First World War. This presentation examines the place of War in psychoanalysis, including relational psychotherapy informed by Attachment Theory and considers the role of War in the development of psychoanalysis and the therapeutic community movement. Drawing on clinical work with a patient, a former serviceman who had experienced active service in Bosnia and subsequent complex trauma, who was resident in a therapeutic community. Including images from War Propaganda, Poetry and War photography, This presentation examines the themes of confidentiality, transference, vicarious trauma, vulnerability, common humanity and gender.

#### Speaker

Kate Brown is a Bowlby Centre trained UKCP registered attachment based psychoanalytic psychotherapist who started her career in therapeutic communities working with adults with a variety of mental health difficulties, and with adolescents individually and in groups. She has worked with young mothers and in mainstream community psychiatric services with patients’ families. She has also provided time limited therapy with former servicemen who had experienced complex trauma. She teaches at The Bowlby Centre and has also delivered freelance training. Kate completed an MSc in psychotherapeutic approaches in mental health in 2012. She is a member of the Attachment Journal editorial group, former chair of the clinical forum at The Bowlby Centre. Kate has recently begun a PhD in the psychoanalysis department at Middlesex University in the history of the therapeutic community movement and the treatment of trauma. Kate has recently moved to Bournemouth where she will be developing a private practice.

#### Discussant

Natalie Scales is a Senior Manager for Community Housing & Therapy (CHT). She has a background in Psychology and has worked in Therapeutic Communities for the past 8 years, including managing a dispersed community for ex-service personnel. Currently she is mummy to 2 boys, as well as managing marketing and sales for CHT.