

The Bowlby Centre & The Clinic for Dissociative Studies

offer a continuing professional development course

Working with Dissociation in Clinical Practice using an Attachment Perspective

Seminar Leader **Emerald Davis**

Visiting Speakers

**Valerie Sinason, Kate White, Graeme Galton,
Ruth Cureton, Rachel Wingfield, Adah Sachs**

This 4-day continuing professional development course introduces key concepts for working therapeutically from a relational perspective with adults suffering from dissociative experiences. Dissociation will be explored as a survival strategy which begins when an individual is faced with repeated early emotional, physical and/or sexual trauma at the hands of attachment figures.

Participants will be introduced to the continuum of dissociation, from when it is creative and adaptive to when it is no longer adaptive and sabotages chances of personal fulfilment. The course aims to provide a safe environment for participants to explore emotionally and intellectually a topic that is rarely addressed because of the extreme trauma it represents.

The collaborators offering this course share a relational psychoanalytic perspective. They also recognise that psychotherapists working with extreme trauma may have to adapt their approach and the course will be as inclusive as possible.

Course dates

Saturday, 6 June & Sunday 7 June, 2009

Saturday, 20 June & Sunday 21 June, 2009

The course will run from 10:30am to 4:30pm each day.

Course structure

There will be presentations by visiting speakers, followed by a group discussions which will include an opportunity to hear about participants' own clinical work. The seminar leader will be present throughout the course, introducing each speaker and facilitating the discussions.

Participants

This course will be of particular relevance to qualified psychotherapists, although this is not a formal requirement for participation. No prior knowledge of dissociation or dissociative disorders will be assumed.

The course will have a maximum of 15 participants.

Course outline

Saturday 6 June	Valerie Sinason	Introduction
	Kate White	Understanding links between dissociation and disorganised attachment states of mind
Sunday 7 June	Graeme Galton	Dissociation in the consulting room: what is it and what does it look like?
	Ruth Cureton	A survivor's experience of dissociative identity disorder
Saturday 20 June	Rachel Wingfield	Clinical presentation
	Emerald Davis	Screening of "May 33rd"
Sunday 21 June	Adah Sachs	Forensic issues and self-harm in dissociative identity disorder
	Valerie Sinason	Ritual abuse

Venue

The course will be held at The Bowlby Centre, 147 Commercial Street, London E1 6BJ.

Valuing diversity

The Bowlby Centre and the Clinic for Dissociative Studies encourage applications from all sectors of the community and respect and value diversity in race, age, class, religion, culture, disability, gender, and sexuality.

Further information

For further information and the short course application form please contact

The Administrator
The Bowlby Centre
147 Commercial Street
London E1 6BJ

Telephone: 020 7247 9101

Email: admin@thebowlbycentre.org.uk

The short course application form can also be downloaded from
www.thebowlbycentre.org.uk

Application process

Please ensure your application form reaches the centre by Friday, 1 May, 2009.